

# Pole Position Functions



1) Make sure that the velcro strap has a snug fit directly underneath the pole handle. Attach the locking strap on top of the pole strap. Make sure to pull the locking strap all the way to a stop.



2) Attach the flex strap to each pole and adjust the length to match the width of your shoulders. Pole position is now ready to use. The Pole Position is part elastic and it will follow your body movements.

True to good design Pole Position **also functions as a handy carrying strap for your gear. Use the buckle to connect your ski poles and the strap around your skis for smooth handling.** Download our exercises – free to use – on [www.skipoleposition.com](http://www.skipoleposition.com)

Contact

**POLE POSITION**

Be the Great Skier You Always Wanted to Be.